

# Amstel Expats

Local Support – Learning Dutch – Expat Wellbeing



## Employee Support Packages



## Boost Your Dutch Courses



**"Relocating to another country is exciting, challenging and there is much to organise."**

Many internationals expect the Netherlands to be easy to settle into. They are surprised to learn that it can be difficult and time-consuming to find your way locally.

After arriving in the Amsterdam region, you will have to rebuilt your professional and personal life. Bringing over a partner and/or family might cause extra concerns, as you are looking to ensure they settle smoothly into their new surroundings.

**Amstel Expats Coaching Packages** are ideally suited to help you with such issues and queries. We make sure you have an experienced and trustworthy contact person to advice you.

Our aim is not to take over your life, but to help you get organised and settle-in quickly, so you will enjoy your life in the Netherlands.

**"Our support already starts before international employees move over."**

We offer employee support packages to companies and organisations. These packages can be tailored to suit specific company needs.

### **Employee Starter Packages include:**

- Personal relocation assessment
- 1 online consultation in country of departure
- 2 Personal advice sessions
- Local advice, information and contact details
- Liaise with the HR-department

### **Also available:**

(International) Schooling Advice, Partner Support and Family Settle-in Support.

Local information on: Municipality registration BSN number, 30% tax ruling, Dutch housing market open a Dutch bank account, Dutch health insurance, utility & telecommunications & emergency services.

**"Learning Dutch is fun & using Dutch in practice enriches your local life."**

Many internationals never get round to taking Dutch lessons and the ones who do often struggle to use Dutch in real life. Now there is a new, innovative method: Boost Your Dutch.

Boost Your Dutch is specially developed to help internationals overcome the hurdles of getting to grips with the Dutch language.

### **The Boost Your Dutch approach:**

- Custom-made materials
- No books required
- Instruction individually or in small groups
- No-stress/friendly atmosphere
- Practice conversation & pronunciation

Our Dutch courses focus on using Dutch in practice. Dutch courses are held at training facilities in Amstelveen but also at business premises. Join us & talk Dutch from Lesson 1.

**Making life easy for internationals living in the Netherlands**

**Visit our website:**  
[www.amstelexpats.nl](http://www.amstelexpats.nl)

**Contact Monique directly**  
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