



- Living around/moving to Amsterdam?
- Need local Dutch service providers?
- Having practical questions/local issues?
- Looking to organise family affairs?

Are you looking for practical help and guidance for yourself or your family in the Amsterdam region?

At Amstel Expats, we appreciate the challenges faced by you as an expat/partner/family when you (come to) live in the Netherlands and choose Amsterdam, Amstelveen or the surrounding area as your place of residence.

Amstel Expats understands the importance of having a local sparring partner. Someone who knows how things work in the Netherlands. We help you with local questions and issues, so that you can enjoy your life in the Netherlands.

Solutions with a personal touch

More information? Contact us:



+31(0) 6 497 68 628
info@amstlexpats.nl
www.amstlexpats.nl

Local Advice: specific queries

- find housing agents & service providers
- search for GP, dentist, school, etc.
- research personal sports & interests
- complete Dutch forms & registrations
- help with solving local issues

Local advice sessions are ideally suited for dealing with specific issues or queries. With our local knowledge and expertise we help you handle Dutch formalities and common practices, including Dutch immigration (IND) rules and how to register with the Municipality, schools and medical care.

We also provide you with local advice and information on reliable partners, housing agents, utilities, GP's, dentists, schools, childcare, banking, health insurance, tax benefits & obligations, etc.

If assistance in Dutch is required, you can make an appointment to:

- assist you with completing Dutch forms
- explain Dutch correspondence
- register yourself with Dutch organisations
- research options for you (and your family) to engage in sports and leisure activities.

Our face-to-face contact will help you deal with your query/issue much more effectively than any other source of information.



Still abroad? Our **preparation support package** can help you further, included are:

- Amstel Expats "Prepare4moving.guide"
- 1-hour Skype session
- recommended service providers.

Expats Coaching: settling-in programmes

- local advice & information
- quickly build new social network
- school & homework support
- job coaching & new job search
- Dutch culture & local practices

Settling-in sessions contain a mixture of local information, recommended service providers and coaching elements. Our approach is not to take over organising your life, but we explain what to expect, give local advice and hands-on assistance.

Based on a review of your personal situation, you will receive:

- a customised transition or activity checklist
- contact details of required service providers
- local information sheets.

If applicable, additional components include:

- settling-in as an accompanying partner
- how to start a job search
- better understanding Dutch culture.

During each programme personal e-mail support is provided to help you with questions arising.



We also offer **expat-employee support packages** to companies and organisations. These packages are tailored to suit specific company needs and budget. We look forward to discussing your requirements.

Contact us! We look forward to helping you.